

# 1978 Steve Garvey's Tips

- 1.The Batting Stance
- 2.Bunting
- 3.Rounding First Base
- 4.The Grip in Throwing
- 5.Fielding a Pop-Up
- 6.Proper Fielding Stances
- 7.On-Deck Observation
- 8.Sliding
- 9.Hitting to the Opposite Field
- 10.Throwing From the Outfield
- 11.Mental Preparation for each Play
- 12.Total Conditioning